Identify medical procedure/assessment to be undertaken **step 1**

- Undertake holistic assessment of child/young person **step 2**

  - Consider distraction resources or techniques suitable for child/young person and procedure being undertaken **step 3**

  Explain procedure to child/young person/parent/career and possibility of being held **step 4**

  - **Do not need to be held** **step 5 a**
    - Undertake procedure **step 6**
      - Successful **step 7a**
        - Document **step 8**
      - Unsuccessful **step 7b**
        - Debrief patient/parents consider alternatives
          - Document **step 8**
    - Prepare for future attempt
      - Document **step 8**

  - **Need to hold** **step 5 b**
    - Consent given
      - Undertake procedure **step 6**
      - Successful **step 7a**
        - Debrief patient/parents consider alternatives
          - Document **step 8**
      - Unsuccessful **step 7b**
        - Debrief patient/parents consider alternatives
          - Document **step 8**
    - Consent not given
      - Assess need to undertake procedure
        - Urgent
          - Undertake procedure **Step 6**
          - Successful **step 7a**
            - Debrief patient/parents consider alternatives
              - Document **step 8**
          - Unsuccessful **step 7b**
            - Debrief patient/parents consider alternatives
              - Document **step 8**
        - Non Urgent
          - Back to **step 2**
          - Consider urgency of situation
            - Document **step 8**
    - Emergency /life threatening situation
      - Undertake procedure **Step 6**
      - Successful **step 7a**
        - Debrief patient/parents consider alternatives
          - Document **step 8**
      - Unsuccessful **step 7b**
        - Debrief patient/parents consider alternatives
          - Document **step 8**